GCBC, 3rd May 2020

Reflect on these last several weeks of social restrictions, and draw or write your thoughts in the space provided.

Psalm 34:18 - The Lord is close to the brokenhearted; he rescues those whose spirits are crushed.

I felt happy...

Philippians 4:4 - Always be full of joy in the Lord. I say it again—rejoice!

I felt lonely...

Matthew 28:20b - (Jesus says), "...And be sure of this: I am with you always, even to the end of the age."

God is OMNIPRESENT... He is always with us everywhere. I felt loved...

Romans 8:38a - And I am convinced that nothing can ever separate us from God's love.

I felt bored... I felt excited... God is SELF-EXISTENT... He is infinitely creative. Psalm 139:14 - Thank you for making me Ephesians 2:10 - For we are God's so wonderfully complex! Your masterpiece. He has created us anew in workmanship is marvellous-how well I Christ Jesus, so we can do the good know it. things he planned for us long ago. I felt scared (worried)... I felt calm (peaceful)... He controls all things. God is SOVEREIGN... Philippians 4:7 - Then you will experience God's peace, which exceeds Philippians 4:6 - Don't worry about anything we can understand. His peace anything; instead, pray about everything. will guard your hearts and minds as you Tell God what you need, and thank him live in Christ Jesus. for all he has done.